

# St Bernard Dance and Fitness Studio February

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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<b>StB Studio</b> <b>4803 Tower Avenue</b> <b>St Bernard, OH</b> <b>Questions:</b> <b>Kate: 513-324-3513</b> <b>or</b> <b>Rec. Dept: 513-641-3137</b>	<b>FEBRUARY Unlimited</b> Class Pass/Fitness Center Pass <b>\$50/mo.- See your Instructor!</b> (cash or check)	<b>* HYBRID (In Studio &amp; ZOOM)</b>  <b>ZOOM Link</b> <b>ID: 997 276 3326</b> <b>Passcode:StBStudio</b>				<b>PiYo</b> 10:00-11:00am
	<b>Regular Class Rates:</b> 1st Class Free/ \$7 Drop-In 10 Class=\$50/ 20 Class=\$85					
2	3 <b>*ZUMBA (Kate)</b> 10:00-11:00am  <b>*Zumba (Pat)</b> 5:30-6:30pm	4 <b>Yoga</b> 9:30-10:30am	5 <b>Tai Chi</b> 10:45-11:45am  <b>*Zumba Tone (Pat)</b> 5:30-6:30pm	6 <b>PiYo</b> 10:00-11:00am  <b>*Zumba (Allison)</b> 7:15-8:15pm	7 <b>Strength Foundations</b> 10:00-11:00am	8 <b>PiYo</b> 10:00-11:00am
9	10 <b>*ZUMBA (Kate)</b> 10:00-11:00am  <b>*Zumba (Pat)</b> 5:30-6:30pm	11 <b>Yoga</b> 9:30-10:30am	12 <b>Tai Chi</b> 10:45-11:45am  <b>*Zumba Tone (Pat)</b> 5:30-6:30pm	13 <b>NO PiYo</b>  <b>NO Zumba</b>	14 <b>NO Strength Foundations</b>	15 <b>PiYo</b> 10:00-11:00am
16	17 <b>*ZUMBA (Kate)</b> 10:00-11:00am  <b>*Zumba (Pat)</b> 5:30-6:30pm	18 <b>Yoga</b> 9:30-10:30am  <b>Rental- Contakids</b> 4:00-4:45pm	19 <b>Tai Chi</b> 10:45-11:45am  <b>*Zumba Tone (Pat)</b> 5:30-6:30pm	20 <b>PiYo</b> 10:00-11:00am  <b>*Zumba (Allison)</b> 7:15-8:15pm	21 <b>Strength Foundations</b> 10:00-11:00am	22 <b>PiYo</b> 10:00-11:00am
23	24 <b>*ZUMBA (Kate)</b> 10:00-11:00am  <b>*Zumba (Pat)</b> 5:30-6:30pm	25 <b>Yoga</b> 9:30-10:30am  <b>Rental- Contakids</b> 4:00-4:45pm	26 <b>Tai Chi</b> 10:45-11:45am  <b>*Zumba Tone (Pat)</b> 5:30-6:30pm	27 <b>NO PiYo</b>  <b>*Zumba (Allison)</b> 7:15-8:15pm	28 <b>NO Strength Foundations</b>	